



## Abernethy Adventure Weekend



Dear parent/carer,

We would like to offer our S1 pupils the opportunity to participate in a residential adventure weekend at the Nethybridge outdoor centre situated with the Cairngorm National Park.

In addition to experiencing an exciting range of outdoor activities our pupils would also develop skills such as teamwork, communication, leadership, problem solving and many more.

### Dates

Friday 17<sup>th</sup> May to Sunday 19<sup>th</sup> May 2019

### Costs

Total Cost: £90

(including a £30 deposit payable by Friday 15th March)

### Meals

Breakfast, lunch, dinner and supper are all inclusive

### Accommodation

20 pupils sharing multi-bedded rooms in chalets



### Activities

Possible activities (to be confirmed) may include:

Abseiling	Forest Adventure	Raft Building
Archery	Gorge Adventure	Ropes Adventure Course
Assault Course	High Ropes Course	Sailing
Bushcraft	Hill Walking	Sea Kayaking
Challenge Activities	Jacob's Ladder	Team Building
Climbing & Bouldering	Kayaking	Tree Climbing
Climbing Wall	King Swing	Tree Top Trail
Coasteering	Mountain Biking	Weasling
Crate Climbing	Open Canoeing	Windsurfing
Dry Slope Skiing	Orienteering	Zip Wire

### Transport & Staffing

Pupils will be travelling by school people carriers plus one staff car and will be accompanied by three members of staff.

### Clothing

A kit list will be provided to participants following receipt of confirmation slip.

For additional information please contact:

Michael Aitchison  
Head Teacher  
01349 852362  
[michael.aitchison@highland.gov.uk](mailto:michael.aitchison@highland.gov.uk)

To ensure that we credit any payments to you please ensure that you enter ABERNETHY PUPIL NAME in the reference section of the on-line payment.

E.g. ABERNETHY JOE BLOGGS

We will be unable to identify payments made without a clear reference to ABERNETHY and your son/ daughter's name.

**School Account details:**

Royal Bank of Scotland	Name of account:	Invergordon Academy School Fund
High Street	Sort Code:	83-23-08
Alness	Account number:	00180681